

Toddler behaviour

Baby SLEEP CONSULTANT

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TODDLER TAMING VIDEO SERIES

TEACH YOUR TODDLER TO DO AS ASKED

Diane Levy, bestselling author of parenting books, is a highly successful family therapist, counsellor, parenting coach and speaker.



Tip 1: Replace NO with show me

Click to play.



Tip 2: Why do we need children to listen to us?

Click to play.



Tip 3: Ask - Tell - Act - How do we get children to do as we ask

Click to play.



Tip 4: Examples of Act

Click to play.



Tip 5: Straight to Act

Click to play.



Tip 6: Cuddles with time out

Click to play.



Diane Levy has more video content inside the Baby Sleep Consultant membership site.
As a parent who has personally followed her advice for the last 16 years, I can tell you it takes time and patience, but its worth it when you build confidnce in the ask tell act process.

Join us on Instagram to chat about all things baby and toddler sleep!

